

Roller Blends

ADD THE FOLLOWING OILS TO A 5ML ROLLER BOTTLE AND TOP UP WITH V-6 OR CARRIER OIL OF YOUR CHOICE.

HAPPY HEAD

5 drops Frankincense
5 drops Lavender
5 drops Peppermint

Roll on temples and the back of the neck when needed.

BLEMISH BUSTER

5 drops Frankincense
5 drops Lavender
5 drops Copaiba

Roll on skin. Apply as needed.

BODY BLISS

5 drops Peppermint
5 drops PanAway
3 drops Copaiba

Roll on to soothe tired muscles and joints.

STRESS LESS

5 drops Stress Away
3 drops Copaiba

Roll on wrists and back of neck as needed

TUMMY TAMER

5 drops DiGize
3 drops Peppermint

Roll on stomach or soles of feet to aid digestion

BREATHE EASY

5 drops R.C
5 drops Purification
3 drops Peppermint

Roll on chest, neck and soles of feet